

The Point

Pornography impacts our relationships with one another.

What is Pornography?

“Printed or visual material (magazines, videos, websites, text messages, romance novels, internet memes) that contain the explicit description or display of sexual body parts or activity, intended to cause sexual excitement”

Stats to Know

1. Average age of first exposure to pornography is 11 years old.
2. 32% of teens admit to accessing porn online – of these, 43% do so on a weekly basis.
3. Almost half of teens say “sending sexual of naked photos/videos is a part of everyday life for teens nowadays”.

Leader Reminder

If you don't know, don't answer. If you're asked a challenging question that you're unsure how to provide a biblical answer (we want truth, not opinions) tell the student that you will find out and get back to them next week!

Scripture

Matthew 5:28 ESV

But I say to you that everyone who looks at a woman with lustful intent has already committed adultery with her in his heart.

Proverbs 27:20 NIV

Death and destruction are never satisfied, and neither are human eyes.

Proverbs 4:23 NIV

Above all else, guard your heart, for everything you do flows from it

***Want more resources?** Visit fightthenewdrug.com for helpful articles, studies & videos.

Small Group Guide

Leaders, you do not have to try to answer every question. Knowing your group, pick a few from each section that would make the best use of your time and lead to powerful discussion.

GET GOING: DISCUSSION/CONVERSATION FOR EVERYONE

- What one point or idea from this message do you most want to talk about?
- How do you feel about Grace Youth doing a series on pornography?
- How would you define “lust”?
- What surprised you from what you learned today?
- What are some practical ways we can overcome and/or guard our hearts against pornography?
- How do you think viewing porn can shape how you view the opposite sex?
- What should our “war plan” against porn include?

GET TALKING: DISCUSSION GEARED TOWARD GUYS

- Do you ever feel that you are alone in your struggle or temptation with pornography and lust?
- Who do you feel comfortable talking to about your struggle with pornography, temptation and lust? If no one comes to mind, who *could* you turn to? (*Encourage students to find mentors and accountability partners*)
- Why do you think you are drawn to look at pornography?
- Do you feel shame or no shame? Why?
- How do you think your porn habits could impact your search for a wife?
- What can we do to help each other?
- What are some things you can do to help your sisters in Christ with an issue like pornography?

GET TALKING: DISCUSSION GEARED TOWARD GIRLS

- How would you feel if you found out that a boy you were interested in, or perhaps your brother, were looking at pornography?
- Do you ever feel pressured to share racy photos on Instagram or Snapchat?
- Has a boy ever asked, or have you felt the desire, to share a nude photo over text or social media? What did you do in this situation?
- What do your friends say about things like sexting and/or pornography?
- What can we do to help each other?
- What are some things you can do to help your brothers in Christ with an issue like pornography?

GET PRACTICAL: ACTION STEPS FOR A STRUGGLING STUDENT

There may be a student (or a couple) who comes clean about struggling with pornography, or at least the temptation of it. Here are some practical tips to start with:

- Accountability is key. Find a mentor or accountability partner.
- Pray. Invite the Holy Spirit in to help break down strongholds and protect your heart and mind.
- Create a “war plan” that include realistic, practical steps you can take *today* to stop this habit, change your action, and guard your heart.
- Agree to text your small group leader or a mentor you trust when you feel the temptation to look at pornography.
- Talk to your parents. As scary as it may seem, they are the ones who can help install legitimate roadblocks to make it harder for you to access porn.

GET PRAYING

- Pray for students struggling with pornography
- Pray for your brothers in Christ
- Pray for your sisters in Christ